

Struggling with a healthcare issue? *Call Guardian Nurses.*



If you or someone you love is ill or injured or in need of long term care, you have questions and you need help. But what you often find is a confusing maze of tests and treatments, opinions and options, endless forms, unfamiliar terms, hard choices to make and large bills to pay.

You may not know which way to turn.

When you turn to Guardian Nurses, you find answers to your questions and all the help you need to make the healthcare system work for you. A registered nurse gets to know you, your situation and your needs. Then your nurse becomes your advocate.

It's like having a nurse in the family.

Peace of mind replaces stress, frustration and fear. You know you're going to have the best possible healthcare experience because a caring, competent, professional nurse is on your side and by your side, every step of the way.



You can rely on your Nurse Advocate to:

- **BE YOUR GUIDE** and advocate during hospitalizations or nursing home stays.
- **DO THE RESEARCH** so you have reliable information about treatment options.
- **EXPLAIN EVERYTHING** so you can make the best possible decisions.
- **MAKE APPOINTMENTS** to get you seen quickly, and go with you if requested.
- **IDENTIFY PROVIDERS** for elder services and long-term care placements.
- **GET THINGS YOU NEED** such as healthcare equipment and supplies.
- **RESOLVE PROBLEMS** with billing, claims and insurance.
- **COACH YOU** to better manage chronic health conditions.

Peace of mind is just a phone call away.
Call Guardian Nurses and they'll do
the rest — at no cost to you!